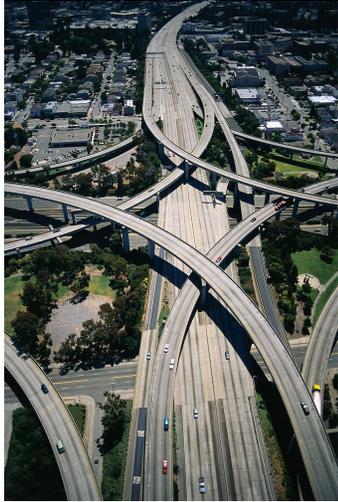


Virginia GrandDriver



Driving is a complex, fast-paced activity. A typical driver makes over 20 decisions per mile, with less than half a second to react to avoid a collision.

Age-related impairments can affect a driver's ability to sense, decide and react. Know the early signs of driving difficulty so you can take action to drive longer and more safely.

Virginia GrandDriver

Visit
www.GrandDriver.net
or call
1-800-552-3402



DARS
VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES



Virginia GrandDriver

Live long,
play hard, and
get there safely.



What You Should
Know About Aging
and Driving

www.GrandDriver.net



www.GrandDriver.net provides Virginians with information to stay safe and mobile on the road as we age.



While most seniors are good drivers, physical changes occur naturally with age and these changes can affect our ability to drive safely.

Ways to plan ahead:

- Visit www.GrandDriver.net
- Take the pledge to stay safe
- Get safety tips on driving, cycling, and walking
- Schedule a free safety check to learn easy adjustments to increase vehicle control and comfort
- Find a transportation provider near you

It's about getting you and those you love there safely.



Warning Signs

- Neglects to buckle up
- Has difficulty working the pedals
- Has difficulty merging on freeways or turning onto busy streets
- Has trouble seeing other vehicles, cyclists or pedestrians, especially at night
- Ignores or misses stop signs and other traffic signals
- Reacts slowly to sirens and flashing lights of emergency vehicles
- Weaves, straddles lanes, drifts into other lanes or changes lanes without signaling
- Gets lost or disoriented easily, even in familiar places
- Has two or more traffic tickets, warnings, collisions or near misses in the past two years



www.GrandDriver.net

web-based resource has:

- Self-assessments on driving ability
- Staying safe tips for motorists, motorcyclists, bicyclists and pedestrians
- List of Comprehensive Driving Assessment Clinics
- GrandDriver & CarFit schedule of events
- Virginia GrandTrans transportation service locator
- Online Pledge
- Healthcare provider toolkit
- Transportation provider toolkit
- List of driving publications and studies

